



# The Scratching Post

## Albuquerque's Best Cat Friends (ABC Friends)

505-293-2830

[AbqBCFriends@Gmail.com](mailto:AbqBCFriends@Gmail.com)

[www.Facebook.com/AlbuquerqueBestCatFriends](http://www.Facebook.com/AlbuquerqueBestCatFriends)

P.O. Box 95645  
ABQ, NM 87199-5645

We are an all volunteer organization so your donations go directly to the cats in our care!

Please consider becoming a member or a sponsor today! See the membership form on page four!

### Welcome to ABC Friends First Newsletter

With our quarterly newsletter, we hope to provide information about the rescue, adoptable cats, events and fundraisers as well as updates on adoptions.

### Feline One Racing now available in your own home brought to you by Albuquerque Best Cat Friends!



Have you ever wanted to own your very own Porsche, Mercedes, or Bentley? Or meet Lewis in person? Well, folks have we got a deal for you!



Porsche is a lovely silver black striped sporty tabby. She has beautiful yellow eyes and a black nose. She is a very sweet Mama cat to Mercedes, Bentley and Lewis. Very sweet to people but would prefer to live in a feline only home. She is only about a year old and comes with a full lifetime warranty of love and play.

Mercedes and Bentley are twins! Except one is a girl and one is a boy. They are both in super, duper excellent condition with beautiful black short coats. They are very playful, full of love and fun and are sure to turn any hallway into a race track at any given moment. They are only 4 months old and come with a 100,000 purrs warranty.

Lewis looks like the spitting image of his mama except he has an English accent when he meows. He is drop dead gorgeous with a personality to match. He loves to race around the house playing with fuzzy cat toys. A bit more reserved than his brother and sister he is still very loving and sweet. He is sure to win the hearts of any family that would be fortunate to adopt him. Lewis is only 4 months old and comes with a lifetime of purrs and kitty kisses!



Porsche, Mercedes, Bentley and Lewis are ready to race away to their new homes and into your hearts as they are already spayed/neutered and current on their vaccines.

Please contact Albuquerque's Best Cat Friends at 505-293-2830 or [AbqBCFriends@Gmail.com](mailto:AbqBCFriends@Gmail.com) for more information.



**Bark In The Park**

We are SUPER excited to join Enchantment Pet Resort, other rescues and vendors for the 14th annual Bark In The Park! This event is a lot of fun with doggie demonstrations, contests, prizes, educational booths and pet services. Adopt a new pet or read to therapy dogs. Bring the family and enjoy! **Sat. Sept. 15, 10am-2pm at Olympus Park, 500 Quantum Road SE, Rio Rancho.**

**Pet Food Gone Wild**

Pet Food Gone Wild is celebrating their first year in business and they're inviting rescue groups and vendors to join the party! They generously and regularly donate food and gift cards through Facebook contests to our local rescue community so we are happy to help celebrate their success! Stop in, support their store and your local cat rescue group!  
**Sat. Sept. 29th,  
2415 Southern SE, Rio Rancho.**

**Puppy Up**

2 Million Dogs was formed on the belief that if 2 dogs can walk 2000 miles to bring awareness to cancer surely 2 million dogs can walk 2 miles. Their mission benefits the study of comparative oncology, a new hope in finding a cure for cancer in people and pets. Join us **Sun. Sept. 30th at Haynes Park, 2006 Grande Blvd., Rio Rancho** for their doggie walk! Stop by our info table to say HI!

**Corrales Harvest Festival**

**On Sat. Sept. 29th and Sun. Sept. 30th in Corrales**, we will be celebrating the Village of Corrales. We will bring out our gift table with cat related gifts for the cat lover in your life and have adoptable kitties too! Thousands of people, food vendors, arts & crafts and artists will be there selling gifts and arts of all kinds. Check out the Festival, you won't regret it!

**Howl-O-Ween Cat Show**

The Enchanted Cat Club will sponsor the TICA cat show once again! **Sat. Oct. 27, 10am-5pm & Sun. Oct. 28, 9am-4pm**, we will be at the Fairgrounds, School Arts Building with our gift table for fundraising and cats/kittens for adoption! The door proceeds will be split between the rescue groups in attendance so stop by and check us out, the vendors, adoptable and show cats too! Don't be scared! We're looking forward to seeing you there!

**Welcome to Albuquerque's Best Cat Friends (ABC Friends) First Newsletter**

With our quarterly newsletter, we hope to provide information about the rescue, adoptable cats, events and fundraisers as well as updates on adoptions. Since we started, we have saved 54 cats and kittens!!

We are a foster-based organization who tests the cats in our care for Feline Leukemia (FeLV) and Feline Immunodeficiency Virus (FIV), fully vet check and sterilize the cats prior to adoption. The cats in our care will receive the best medical care we can give while we are their custodians.

Founded by Jen Souhrada, who has several years experience with cat rescue and adoption, volunteer and fundraising coordination, and joined by Marilyn Heyward with several years experience as Foster and Low-Cost Spay/Neuter Coordinator.

We are fortunate to have a SUPER group of core volunteers and fosters. We need **YOU** to help grow our organization each month!

We are all volunteers so all contributions to ABC Friends go directly to animal care and operating costs. ABC Friends is on its way to becoming a 501(c)(3), public, non-profit, no-kill cat rescue and adoption group.

To join us, call 293-2830 or email [AbqBCFriends@Gmail.com](mailto:AbqBCFriends@Gmail.com).





Socks and Dina are two sisters born 4/17/12. They are both really playful and sweet. They get along with other cats, are already spayed, current on vaccines and waiting for their new home.

**ADOPTABLE  
KITTIES!**



Ernie is an amazing guy. Born 1/18/11, he is very laid back, loves to go to the pet store with you and walk around on his harness and leash. He's a good boy, gets along with other cats and would love to go home with you.

Mary and Allie started life a little rough. They were born 3/26/12 to a feral mom and rescued early enough to be socialized. They are playful yet, loving. They like to be held on



their backs and have heir bellies rubbed. They get along with other cats, are sweet but Mary is a little more shy than Allie. They would LOVE to go home together!

**Ask the Vet!**

This edition's answers provided by:  
**Dr. Gretchen Steininger, VetStat Veterinary Svcs.,**  
6600 Holly NE, 505-821-0309

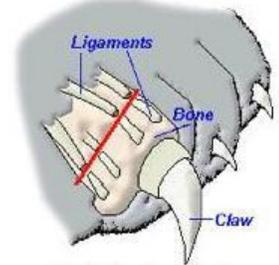
**Question:** What is the procedure for de-clawing your cat and what are the pros and cons?

**Answer:** There are several procedures for declawing cats. The more humane method is with laser surgery because it causes less pain and bleeding. But, the equipment is expensive, and most veterinarians are not equipped. The P1 or first knuckle is surgically removed in the procedure, and either closed with suture or surgical glue. Then the feet are bandaged. Paper litter is to be used for 7-10 days. The pro is saving a cat from being turned into the shelter or out on the street for destruction in a home, and the con is the pain and defenselessness that it leaves the cat without front claws.

~Dr. Steininger

Unlike most mammals who walk on the soles of the paws or feet, cats are digitigrade, which means they walk on their toes. Their back, shoulder, paw and leg joints, muscles, tendons, ligaments and nerves are naturally designed to support and distribute the cat's weight across its toes as it walks, runs and climbs. A cat's claws are used for balance, for exercising, and for stretching the muscles in their legs, back, shoulders, and paws. They stretch these muscles by digging their claws into a surface and pulling back against their own clawhold - similar to isometric exercising for humans. This is the only way a cat can exercise, stretch and tone the muscles of its back and shoulders. The toes help the foot meet the ground at a precise angle to keep the leg, shoulder and back muscles and joints in proper alignment.

The cat's claw grows from the depths of the third phalanx, or toe bone, so removing the claw necessitates amputating that portion of the toe. Removal of the last digits of the toes drastically alters the conformation of their feet and causes the feet to meet the ground at an unnatural angle that can cause back pain similar to that in humans caused by wearing improper shoes.



**JUST SAY NO TO DECLAW!!**

We would like to start our first issue with a **BIG** thank you to PetCo in Far North Shopping Center at San Mateo and Academy for working with ABC Friends to find forever homes for the many cats and kittens who find their way into our care. Tom (Store Mgr.) and Bill (Asst. Mgr.) and all the staff have been so wonderful making sure we always have everything we need. Thanks also to Marilyn and Jen who coordinate these efforts as well as ALL of the volunteers, fosters and donors. Without all of you, we couldn't do what we do!

It certainly takes a village.....

To learn more about how you can help, please call 505-293-2830 or email [AbqBCFriends@Gmail.com](mailto:AbqBCFriends@Gmail.com).

**Stop by Petco at San Mateo & Academy every Sat. & Sun., 11am-5pm!**

**Adoption events are held  
every weekend at Petco  
6300 San Mateo NE  
Saturdays & Sundays  
11am-5pm**



**Mission Statement:**

- ~Provide a safe haven in the form of foster homes for stray, orphaned, abused or neglected cats in the Albuquerque metro area.
- ~Provide veterinary care to all cats and kittens in our foster program and spay/neuter them prior to adoption.
- ~Relocate cats and kittens into permanent, adoptive homes.
- ~Educate the public regarding the need for spay/neuter and provide counseling and advice about cat behavior and care issues.
- ~Assist owners through low-cost spay and neuter for their cats and through our surrender and adoption program, give them peace of mind knowing that their cats will be cared for "for life" through our adoption program.
- ~Limit cat overpopulation by assisting in the trap-neuter-release (TNR) of feral cats.
- ~Welcome all volunteers and fosters into the ABC Friends family with respect and support.

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Yes, I would like to become a member of ABC Friends in the following category (checks or money orders made payable to ABC Friends):

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Guardian Angel (\$1000 or more) | <input type="checkbox"/> Friend (\$100)           | <input type="checkbox"/> Active Volunteers (\$10)            |
| <input type="checkbox"/> Star (\$500)                    | <input type="checkbox"/> Sponsor or Family (\$50) | <input type="checkbox"/> Student, Seniors, Low Income (\$10) |
| <input type="checkbox"/> Hero (\$250)                    | <input type="checkbox"/> Individual (\$30)        |  |

Sponsor-A-Cat, Name of cat and amount \_\_\_\_\_  
See Facebook page for pictures and the list of adoptable cats

ABC Friends also has a PayPal account! You can donate through PayPal with your credit card!

Please check here for information on volunteering or fostering - you must provide email address or phone # for this!

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

CELL PHONE: \_\_\_\_\_ DATE: \_\_\_\_\_